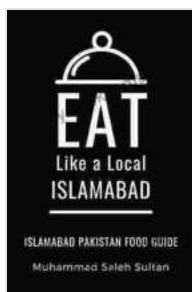


Islamabad Pakistan Food Guide: Eat Like a Local in the World's Cities

Islamabad, the capital of Pakistan, is a vibrant city with a rich culinary scene. From traditional Pakistani dishes to international cuisine, there is something to satisfy every palate. In this guide, we will take you on a culinary journey of Islamabad, introducing you to the best local dishes and restaurants.



Eat Like a Local-Islamabad : Islamabad Pakistan Food Guide (Eat Like a Local World Cities) by Robert Ludlum

★★★★☆ 4.4 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 39 pages
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Traditional Pakistani Dishes

Pakistani cuisine is a diverse and flavorful mix of influences from Central Asia, the Middle East, and South Asia. Some of the most popular traditional Pakistani dishes include:

- **Biryani:** A fragrant rice dish cooked with meat, vegetables, and spices.
- **Nihari:** A slow-cooked beef stew flavored with spices and herbs.

- **Haleem:** A thick porridge made from wheat, lentils, and meat.
- **Chapati:** A flatbread made from whole wheat flour.
- **Naan:** A leavened flatbread made from white flour.

International Cuisine

In addition to traditional Pakistani dishes, Islamabad also offers a wide variety of international cuisine. Some of the most popular international restaurants in Islamabad include:

- **The China Kitchen:** A Chinese restaurant serving authentic Chinese dishes.
- **Sakura:** A Japanese restaurant serving sushi, sashimi, and other Japanese dishes.
- **The Grill:** A steakhouse serving grilled meats and seafood.
- **Lahore Tikka House:** A Pakistani restaurant serving traditional Pakistani dishes.
- **Pizza Hut:** An international pizza chain serving a variety of pizzas and other Italian dishes.

Street Food

One of the best ways to experience the culinary scene of Islamabad is to sample the street food. Street food vendors can be found all over the city, selling a variety of delicious and affordable snacks. Some of the most popular street food items include:

- **Gol gappe:** Fried dough balls filled with flavored water.

- **Aloo chaat:** Potatoes fried and tossed in a spicy sauce.
- **Samosas:** Fried pastries filled with vegetables or meat.
- **Pakorras:** Fried vegetable fritters.
- **Kulfi:** A frozen dessert made from milk and sugar.

Restaurants

If you are looking for a more formal dining experience, Islamabad has a number of excellent restaurants to choose from. Some of the most popular restaurants in Islamabad include:

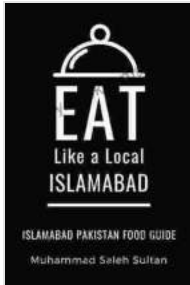
- **The Monal Restaurant:** A rooftop restaurant with stunning views of the city.
- **The Islamabad Club:** A private club with a fine dining restaurant.
- **The Pearl Continental Hotel:** A five-star hotel with a variety of restaurants.
- **The Serena Hotel:** A five-star hotel with a variety of restaurants.
- **The Marriott Hotel:** A five-star hotel with a variety of restaurants.

Islamabad is a culinary paradise with something to offer everyone. Whether you are looking for traditional Pakistani dishes, international cuisine, or street food, you will be sure to find something to your taste in Islamabad. So come and explore the culinary scene of Islamabad and eat like a local!

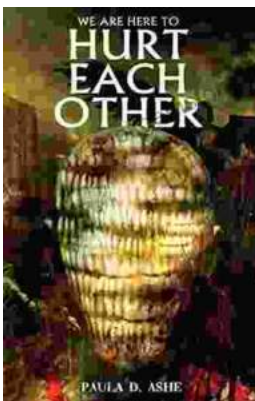
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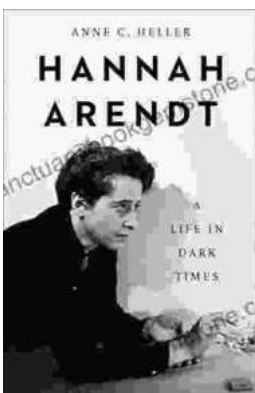


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