

# Colorado Hiking with Kids: 50 Hiking Adventures for Families



## Colorado Hiking with Kids: 50 Hiking Adventures for Families by J. D. Robb

★★★★☆ 4.5 out of 5

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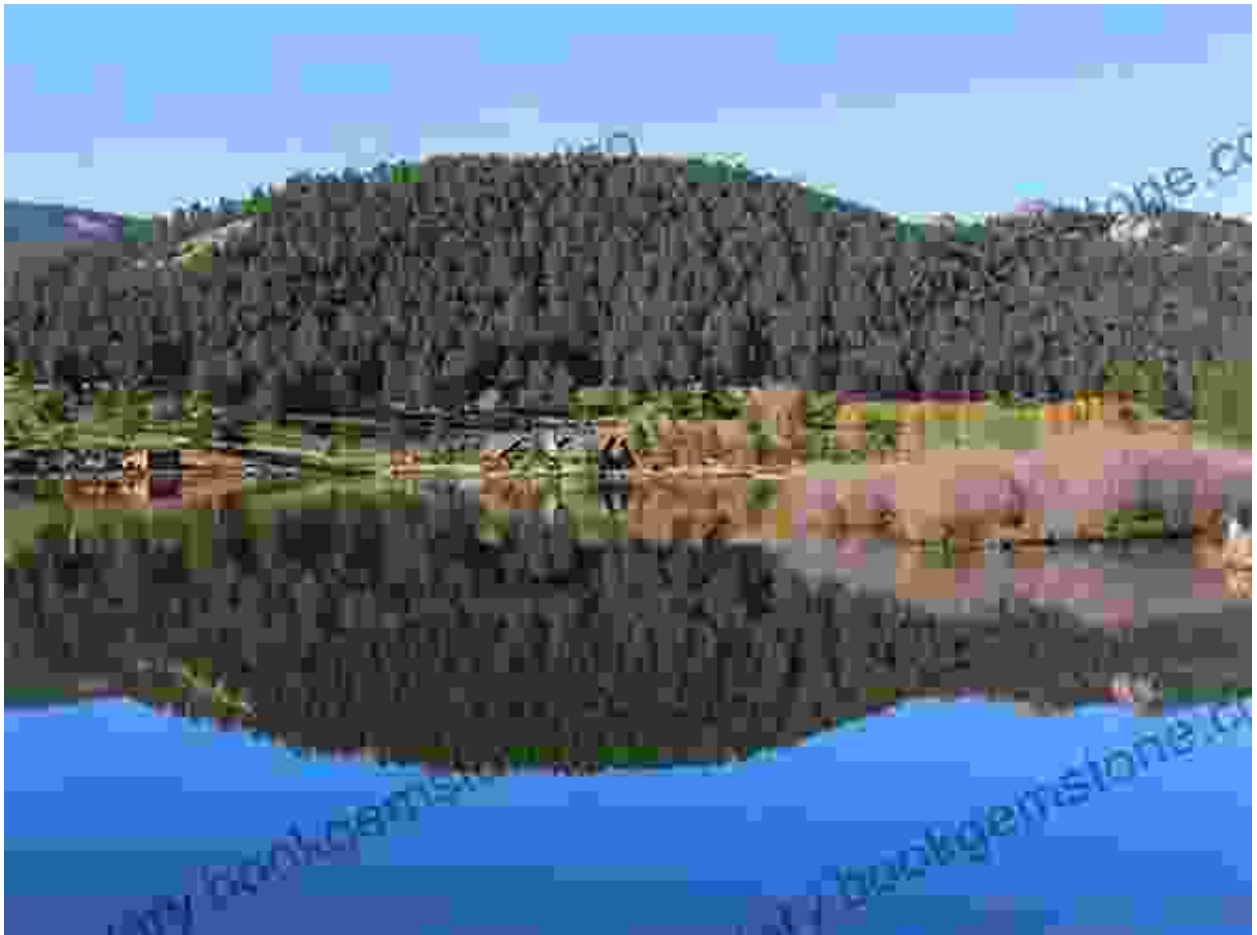
Colorado is a hiker's paradise, with an endless array of trails to explore. But finding kid-friendly hikes that are both safe and enjoyable can be a challenge. That's why we've compiled this list of 50 hiking adventures in Colorado that are perfect for families of all ages and abilities.

These trails offer a variety of terrain, from easy walks to moderate hikes, and each one is described in detail, with trail maps and tips for making the most of your adventure.

So whether you're looking for a short hike to a scenic overlook or a longer trek to a mountain summit, you're sure to find the perfect trail here. And with our tips for hiking with kids, you can be sure that everyone in the family will have a great time.

## Easy Hikes for Families

- Evergreen Lake Trail



This 2.2-mile loop trail is an easy walk around a beautiful alpine lake. The trail is mostly flat, making it suitable for strollers and wheelchairs.

**Distance:** 2.2 miles

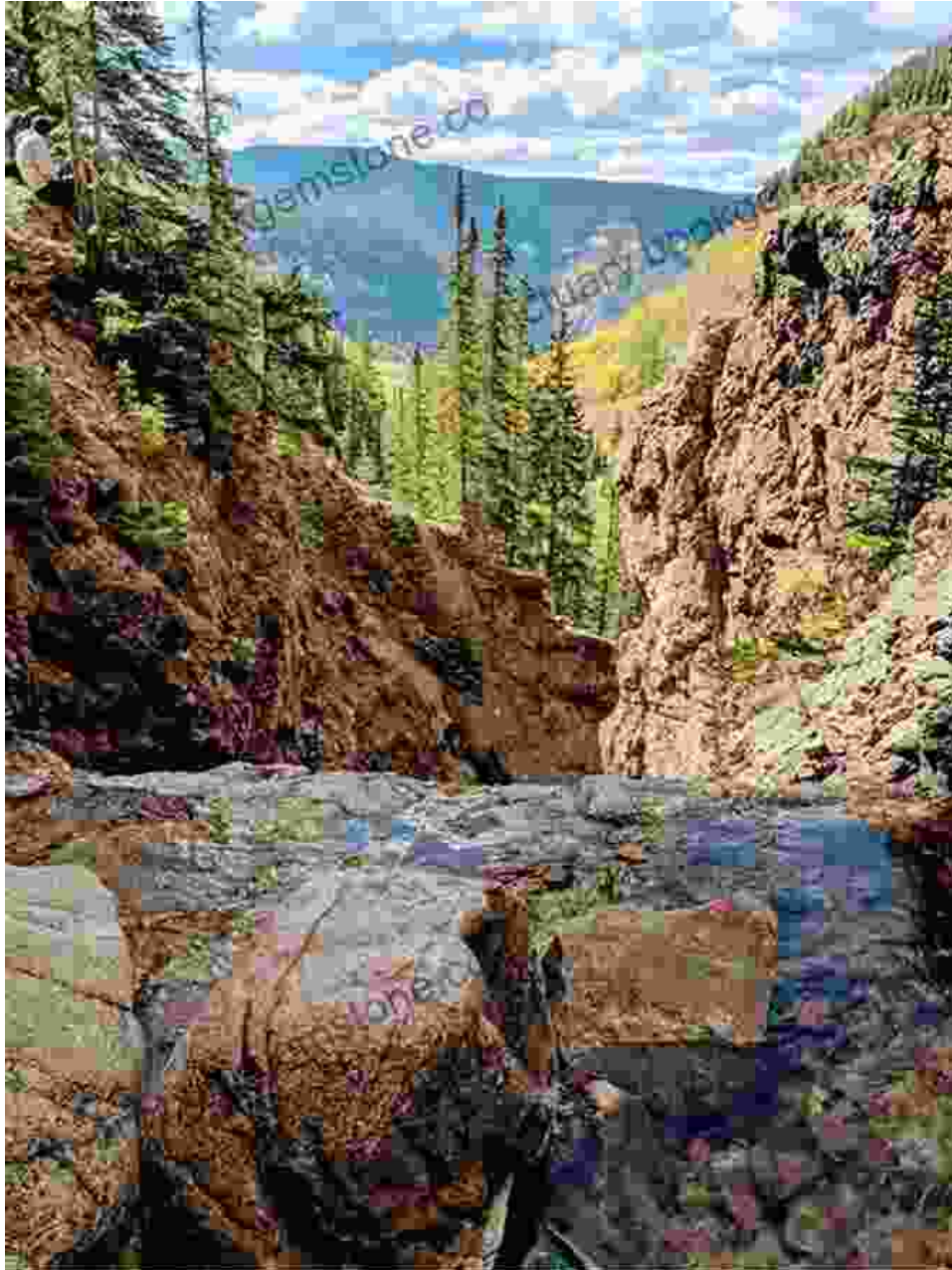
**Elevation gain:** 100 feet

**Difficulty:** Easy

**Trailhead:** Evergreen Lake Trailhead, Evergreen, CO

Map: [Evergreen Lake Trail Map](#)

- **Booth Falls Trail**



This 1.2-mile out-and-back trail leads to a beautiful waterfall. The trail is mostly flat, with a few short sections of moderate climbing.

**Distance:** 1.2 miles

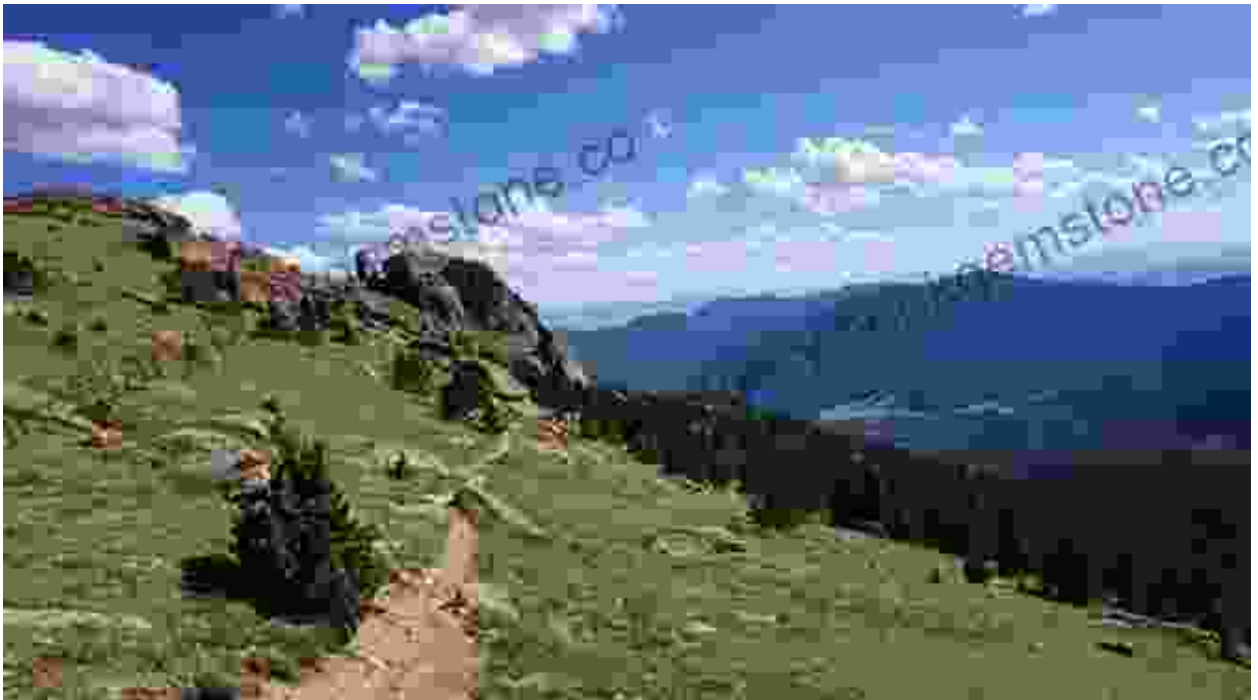
**Elevation gain:** 100 feet

**Difficulty:** Easy

**Trailhead:** Booth Falls Trailhead, Idaho Springs, CO

**Map:** [Booth Falls Trail Map](#)

- **Lost Creek Wilderness Trail**



This 3.5-mile loop trail follows a babbling brook through a beautiful forest. The trail is mostly flat, with a few short sections of moderate climbing.

**Distance:** 3.5 miles

**Elevation gain:** 200 feet

**Difficulty:** Easy

**Trailhead:** Lost Creek Trailhead, Evergreen, CO

**Map:** [Lost Creek Wilderness Trail Map](#)

- **Emerald Lake Trail**



This 3-mile loop trail circles a beautiful alpine lake. The trail is mostly flat, making it suitable for strollers and wheelchairs.

**Distance:** 3 miles

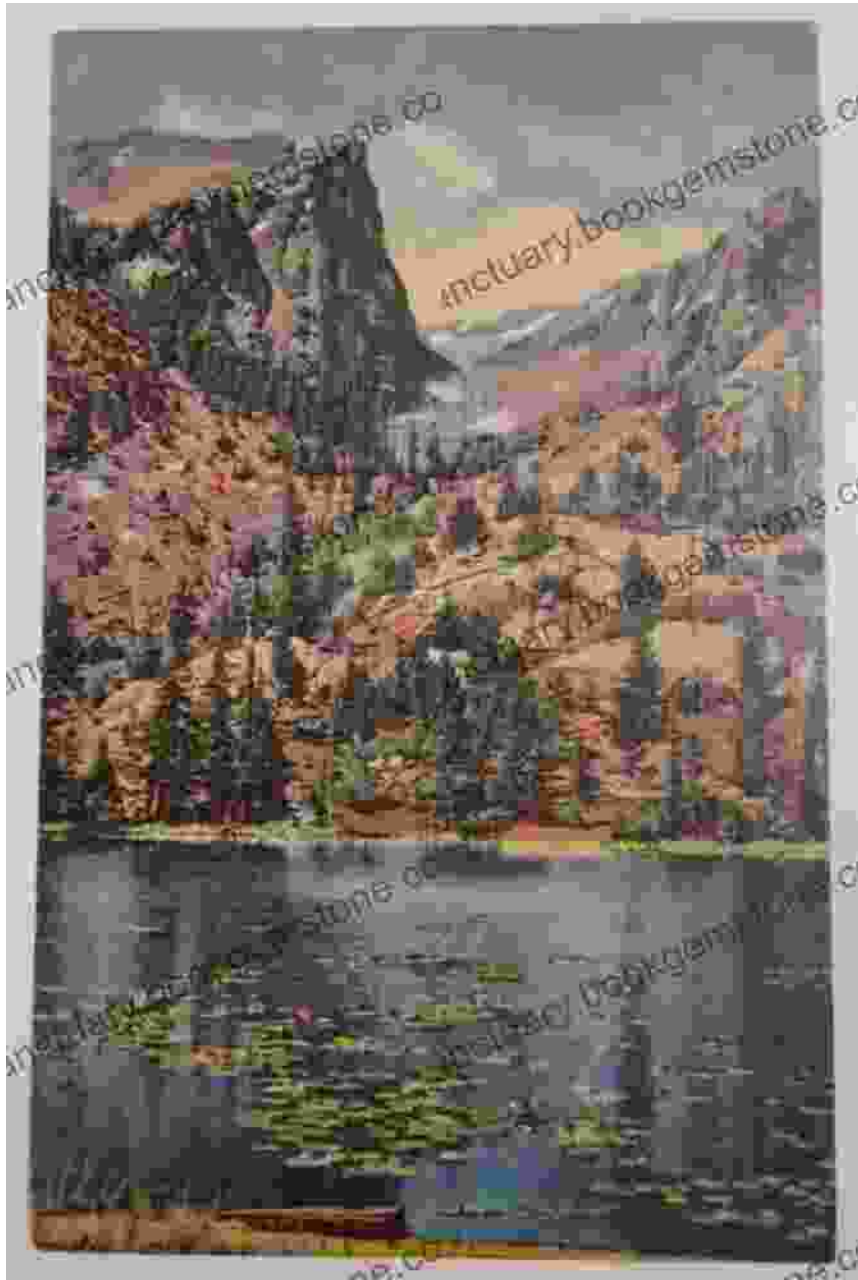
**Elevation gain:** 100 feet

**Difficulty:** Easy

**Trailhead:** Emerald Lake Trailhead, Rocky Mountain National Park, CO

Map: [Emerald Lake Trail Map](#)

- **Bear Lake Trail**



This 0.9-mile loop trail circles Bear Lake, one of the most popular lakes in Rocky Mountain National Park. The trail is mostly flat, making it suitable for strollers and wheelchairs.

**Distance:** 0.9 miles

**Elevation gain:** 50 feet

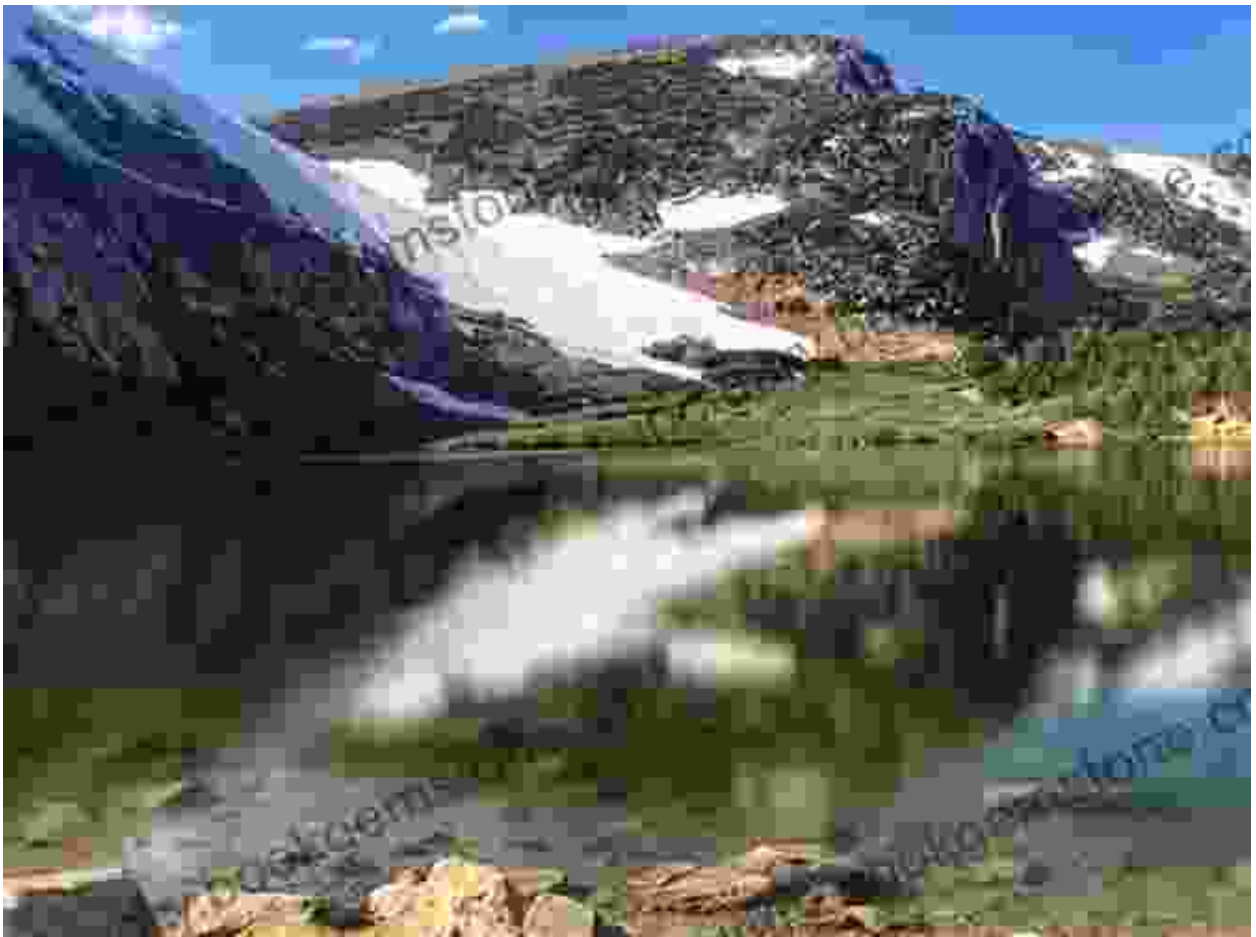
**Difficulty:** Easy

**Trailhead:** Bear Lake Trailhead, Rocky Mountain National Park, CO

**Map:** [Bear Lake Trail Map](#)

## Moderate Hikes for Families

- **St. Mary's Glacier Trail**



This 3.5-mile loop trail leads to a beautiful alpine lake and glacier. The trail is mostly uphill, with a few short sections of moderate climbing.

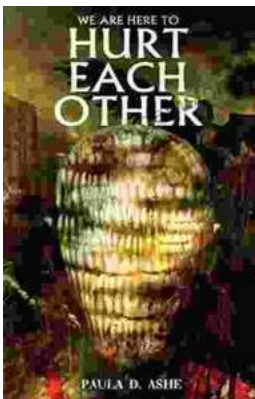


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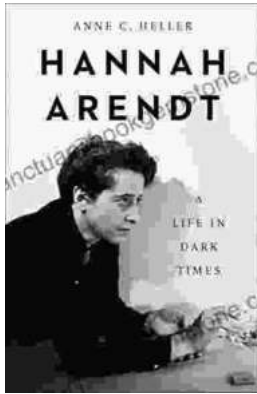
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